

# Dressing for a Job Interview

To get the job, you need to make a good first impression!

Most interviewers will form their first impression of you within thirty seconds, so you will want to look the part.

Here are some tips on how to dress to convey a professional attitude on a job interview:

- Do not wear **T-shirts, jeans, shorts, or sneakers**
- Wear non-revealing clothing
- For males, wear a button down shirt and a pair of slacks with a belt.
- For females, wear a blouse and dress pants or a skirt – the skirt should be about knee length at least,(no spaghetti straps)
- Undergarments should **not** be showing
- Wear plain shoes that are clean and polished
- Your clothes should not have any wrinkles, stains, or holes
- Pay attention to body language – wear a smile, stand up straight, make eye contact, and shake hands as you introduce yourself
- Your hair should be neatly combed and styled
- Avoid a lot of jewelry or fragrances

